

Positive Alternatives 2015 - 16 Quarterly Update

Grantee: Catholic Charities of the Archdiocese of St. Paul and Minneapolis

Goal: Support, encourage and assist women in carrying their pregnancies to term and caring for their babies after birth(caring for a baby after birth could also include making an adoption plan)

For the period: Apr – June 2015

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Complete evaluation requirements		Clients are completing surveys. Education is being given. Tracking is in place to capture the required information.	
Car Seat Program	Provide certified car seat instruction and testing; provide car seats to Positive Alternative clients	20	Provided car seat instruction to 8 women and 2 partners. Provided 4 Positive Alternative funded car seats and 3 UCare funded car seats and 1 donated car seat.	10
Case Management Services	Provide pregnant clients on-going support in office, home or telephone follow-up; provide education, classes and support groups; Provide home visit support to newly delivered mothers, babies and fathers	400	Case management contacts remain steady.	444
Crib Distribution/ Sleep Safety Education	Distribute cribs from Cradle of Hope and provide safe sleep education to those recipients as well as other clients	25	Provided safe sleep information for 36 women and 2 of their partners. Distributed 7 pack and plays from Cradle of Hope.	38

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Fatherhood Program	Include fathers as part of pregnancy support services; Provide support groups for fathers.	75	34 fathers participated in services 69 times in the last quarter.	69
Financial Assistance	Assist women with applying to other agencies for medical assistance, financial assistance, and food support	40	25 women were assisted specifically with Medical Assistance. 24 clients were directly assisted to access other agencies for doula support, energy assistance, WIC appointments, food support, and other items.	49
Interpreter	Provide interpretation for prenatal and postpartum clinic visits, ultrasound visits, and case management appointments in six languages	85	20 clients required the use of interpreters this quarter for a total of 62 appointments. Languages included Amharic, Hmong, Spanish, Oromo, Vietnamese, and Arabic. 56 of the 62 visits were interpreted by staff and outside interpreters were utilized in only 6 visits this quarter. See the 'challenges and comments' section.	62
Material Support	Provide baby clothes, diapers, layettes and donated equipment	30	Provided 25 clients with items such as baby clothes, maternity clothes, diapers, baby equipment, and layettes in multiple appointments.	35
Mental Health	Screen women and provide access to Mental Health care	20	Mental health, especially depression, continues to be a risk factor for a significant number of our clients. See the 'challenges and comments' section.	8
Nutrition	Provide prenatal vitamins, folic acid, assistance with prescriptions, and food	30	Each new prenatal client is given prenatal vitamins at their first medical visit. During this quarter, the prenatal clinic received a grant from "Vitamin Angels" to receive free prenatal vitamins for clients.	32
Parenting Education	Provide Newborn care and Breastfeeding classes to mothers and their partners;	30	This topic is covered during the 36 week visit and in both CBE and Newborn Care classes. See the 'challenges and comments' section.	23

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	provide education on post-partum depression			
Pregnancy Education	Provide certified Child Birth Educator (CBE) to teach/facilitate class to expecting mothers and fathers; Provide education on fetal development and healthy pregnancy behaviors	30	Provided CBE to 12 women and 6 partners. Through educational materials / nutrition videos, provided education on fetal development and healthy pregnancy behaviors to 19 women.	37
Pregnancy Testing	Provide pregnancy tests	12	Requests for pregnancy tests decreased over last quarter.	9
Prenatal Medical Care	Provide prenatal medical and nursing care for pregnant women including lab work, exams, information and education	340	The total number of prenatal appointments increased slightly from last quarter. Our certified nurse midwives provided care in about 73% of these visits...See the 'challenges and comments' section.	312
Provide Necessary Services Assessments Only	Staff provides clients only intake assessments, information on, referral to and assistance with securing necessary services		Two clients were being seen at other medical clinics and requested either birth parent counseling or social services only support through Catholic Charities.	2
Transportation	Assist women in accessing healthcare by providing taxi or bus vouchers to/from appointments	10	Assisted 3 women with 7 cab rides to/from clinic appointments this quarter.	7
Ultrasound	Provide ultrasound services to pregnant women	60	56 women were provide with ultrasounds at the clinic as part of their prenatal care this quarter.	56

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	4
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	4
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	36
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	36
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	0
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	36

Challenges: The number of new clients enrolled declined slightly from last quarter, which is typical for the winter holidays. Comparing fiscal year 2014 to fiscal year 2015 shows clients beginning care with us has declined by 21%. This decline in clients is likely due to a combination of the declining birth rate across the United States and the wider availability of healthcare to women due to the Affordable Care Act. However, because client deliveries have also declined 20% over the past year, HealthEast made the decision to reduce midwife hours in the clinic by one day per week beginning this quarter. This decline in deliveries is partially driven by the fact that we are seeing a slight increase in extremely high risk pregnancies which are not appropriate for midwife care. Those high risk pregnancies must be transferred to another clinic with staffing appropriate to the risk.

Comments: We are continuing to monitor services and trends in the clinic. The number of overall clinic appointments did increase slightly over last quarter but that is likely due to the increase in appointments for high risk pregnancies as those women are seen more often.